



Yeadon Westfield Infant School



Mrs Fryer – Inclusion Worker

A guide to what I do in school, including advice on managing your child's behaviour and how you can help your child in school.

I am here to give support to children and their families and to:

- Listen
- Help
- Care
- Mentor

My role is:

- To support whole families with pastoral issues
- To take small groups and give time to each individual
- To promote good behaviour in school and in the playground
- To work alongside the Speech and Language Therapist developing programmes for individuals and groups
- To support staff, parents and children with safeguarding issues
- To raise confidence and self-esteem, developing social relationships, looking at sharing and co-operation, etc.

I assist in the transition from nursery to infant and from infant to junior school.

I am available for you to speak to me before and after school and will always get back to you if I can't see you then. Alternatively if you would prefer to make an appointment please feel free to do so.



Miss Bruce

Miss Bruce works at promoting positive play in the playground and encourages our Playground Friends to take an active role in the playground. She oversees the smooth running of lunchtimes.

Helping your child in school

Listening to what your child has to say is sometimes difficult, but it is one of the most important things in your relationship.

If you would like to help your child you can do this just by talking to them and taking an interest in school.

Talk together while you're doing something else together, e.g. making tea, travelling in the car or playing a game. Sometimes they find it easier to talk like that rather than eye to eye.

Don't take sides if they have a problem just let them talk and let them know that you will help where you can.

Don't be too quick to make critical judgements, listening is much more helpful.

Encourage your child to have high expectations for themselves by showing them praise and rewards for what they do.

Let your child know it is good to tell the teacher if there is a problem.

If you, as a parent, have a concern or a problem come in to school and talk to a member of staff. We will always try our best to resolve a concern.

Helping you manage your Child's behaviour

Set an example

Your child will look at you as a role model and be influenced by how you behave. Do as you would like them to do. Setting an example for them will improve the chances of your child behaving how you would like them to.

Behave responsibly.

Be polite to others

Use suitable language

Act calmly and quietly.

Be polite to your child.

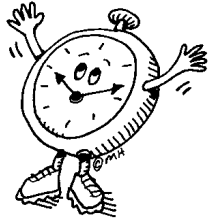
Explain what good is, most children have heard the word "**GOOD**" but are not sure what being good means (always doing the right thing) It is a lot easier to do the right thing. Be specific in praise "I like how you are playing with your friend"

Always follow an **unpleasant** activity with a **pleasant** activity: "eat your dinner first, then you can have dessert. Another good technique is the **when – then technique**. Rather than saying "No. You can't do that," try "when you have done... then you can..."

Have routines so that your child knows what to expect especially at mealtime and bedtime. **Set house rules**- agree in advance what is allowed and accepted (no sweets before tea, no climbing on furniture.) Remind your child about rules. If your child does something wrong explain what it was that they did wrong rather than punishing without an explanation.

Use the **broken record technique**: Repeat the rule over and over again. Don't explain the rule. Don't argue about it, just repeat the rule until it is done.

If your child is continuing to do the wrong thing use a **distraction method**, take their attention somewhere else, this usually works, (e.g. what are they doing over there?)



Give warnings-e.g. 2 minutes and its tidy up time, 5 minutes and its bedtime. This will help alleviate confrontations.

Stay calm! You need to show that you are in control, (even if you don't feel it). Try not to lose your temper or shout - this can create more problems. Keep your voice firm, but not angry.

Always tell your child what behaviour you do like. Give lots of praise when they are doing the right thing. Children respond well to praise.

Make sure all the members of your family know the expectations and rules that have been set. You all need to work as a team and be consistent.

Children are hard work; don't expect to get it right every time.

Try to be: **CLEAR, CALM & CONSISTENT**

Their behaviour won't change overnight, be prepared to be patient (remember keep being consistent)

Rewards can be given as: Praise — good boy, hug, kiss or give a cuddle.



Activities, stories, games. —

Rewards do not have to carry a monetary value.

The very best reward is ... YOUR ATTENTION.

I am here to help and support you and your child.

Contact in confidence

Mrs Fryer

Via the school office on 01132505449

Or email jf@westfieldinfants.co.uk

