

3-Ingredient Simple & Easy Salt Dough Recipe for Kids

Ingredients

- 2 cups all-purpose flour*
- 1 cup salt
- 1 cup water

Instructions

1. In a large mixing bowl, stir together the flour and salt.
2. Gradually add water while stirring and mixing to form a dough with a Play-Doh like consistency.
3. Form the dough into a ball and knead for approximately 5 minutes, adding a bit more flour if the dough is too sticky or a bit more water if it's too dry.

How Long To Bake Salt Dough

If you want to bake your salt dough crafts, place them on a baking sheet in a 200-degree oven. Baking time will vary depending on the size and thickness of your crafts, so just keep a close eye on them.

*Gluten-Free Salt Dough

If you or your child has a gluten sensitivity, substituting your favourite gluten-free flour one for one will work well in this recipe.